



# *East Anglian Newsletter*

January 2020 — Issue 254

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## *Annus horribilis*

Last May, in a what turned out to be a fit of ludicrously naïve optimism, I prefaced the newsletter: ***Do not adjust your training; there is a fault with the weather; normal service will be resumed as soon as possible.***

There was, but it wasn't. East Anglian VTTA's micro-climate emergency went on and the toll of events lost to the weather continued.

The general sense of loss of grip apparent in the wider political background to 2019, seemed to infect EAVTTA as well.

To date, the results on standard for two of last season's events remain unpublished, leaving our Recorder to piece results together as best he could, from the CTT web site and *Spindata*, in order to arrive at a result for the 10 league.

Working out results on standard is certainly a chore, but that's the way VTTA events are decided – indeed in a sense, it's the point of the VTTA – so it has to be done.

For 2020, to lighten the mathematical challenge and burden on organisers, the Committee have agreed to hire the services of Keith West  
[keith@questronics.co.uk](mailto:keith@questronics.co.uk) for all our

events, who, if he's available, will come to your event with his electronic scoreboard and program for calculating results in all possible forms. Even if he isn't available, he will produce a result on standard if you e-mail him the result on actual after the event or ask him to calculate it from the result on the CTT web site.

The Group will pay, so there can be no excuse for incomplete results in 2020.

Another odd phenomenon of this year was the failure, even by potential winners, to enter the season-long competitions. There were certainly Group members who rode a 12-hour this year, yet the Group BARs will go unclaimed by rider(s) who would certainly have won them and might well have figured in the National results.

The biggest casualty in this regard, though for different reasons, was unquestionably the Group's most successful rider of 2019, a double National Champion (100 and 30) and multiple record breaker.

Gavin Hinxman is the first seriously high-achieving solo competitor in some decades to adopt a third wheel and, since he took up the trike last year, can't be accused of opportunism in taking advantage of what some might see as

Photo Kimroy



over-generous new trike standards. Had his entry form not a) been posted to the wrong person and b) not then gone astray in the post, he would have won the Men's National Three-Distance Competition outright and led East Anglia to a Group win in that competition to go with their Group win in the Short-Distance Competition.

All members will, by now, have received their copy of *The Veteran*, whether by e-mail or in hard copy, and will be aware of the results of the season-long competitions, so there is no need to print them in full here.

Other Group highlights on the national scene for 2019, in addition to those mentioned above, include second and

third place for Andy Grant and Pete Horsnell, respectively in the Men's 3-Distance Competition; second place for Jackie Field in the women's version and third in the Short Distance Competition; a win in the 25 Club Team Championship for Cambridge CC and for the Group in the Group Team, an individual Championship silver medal for Jackie in the "25" and for Becky Taylor in the 12-hour and a bronze for Andy in the "10" and for Pete in the "25".

By contrast, the final lowlight of a year we might reasonably feel glad to see the back of, was the unwelcome news that Time Trial Secretary John Golder had broken his hip in a seemingly innocuous fall on a clubrun in November. The better news is that, at the time of writing, John is back on the turbo!

*Ring out, wild bells, to the wild sky,  
The flying cloud, the frosty light:  
The year is dying in the night;  
Ring out, wild bells, and let him die.*

Happy New one. Let's hope for better from 2020.

**Andy**

## Membership Secretary's Report 2019

There has been a steady flow of new members joining the Group this year; 65; although 6 less than last year. 71 joined in 2017.

Unfortunately, a large number of members left the Group. 32 have allowed their membership to lapse and 32 resigned, a total of 64. These figures are similar to those of 2018 when 33 did not renew and 32 members lapsed their membership - a total of 65.

Two members have sadly died during the year; Bill Thorncroft and Geoff Allum.

Membership now stands at 408 members. Membership in 2018 was 410 and in 2017 was 400

This year 48 Members paid their subscription by Bank Transfer, and 213 with the New National web site. Only 37 paid by cheque. This has resulted in a great saving of time spent processing cheques.

Since 1<sup>st</sup> October, 84 members have renewed their membership on-line: 17 by cheque and 4 by Bank Transfer.

## **Merv. Player**

### **Group Officials for 2020**

**President: Peter Horsnell**

Tel: 01245 237283

**Chairman & Newsletter Editor: Andrew Grant**

Tel: 01638 741433

Email: [chairman@vttaea.co.uk](mailto:chairman@vttaea.co.uk)  
[newsletter@vttaea.co.uk](mailto:newsletter@vttaea.co.uk)

**Membership Secretary: Merv Player**

Tel: 01438 814154

Email: [mem.sec@vttaea.co.uk](mailto:mem.sec@vttaea.co.uk)

**General Secretary: Chris Holmes**

Tel: 07709 328113

Email: [gen.sec@vttaea.co.uk](mailto:gen.sec@vttaea.co.uk)

**Press Secretary: Mary Horsnell**

Tel: 01245 237283

**Recorder & records secretary: Ken Platts**

Tel: 01223 870963

Email: [records@vttaea.co.uk](mailto:records@vttaea.co.uk)

**Webmaster & Group Administrator: Noel Toone**

[webmaster@vttaea.co.uk](mailto:webmaster@vttaea.co.uk)

**Treasurer and Luncheon organiser: Keith Dorling**

Tel: 01371 831175

Email: [treasurer@vttaea.co.uk](mailto:treasurer@vttaea.co.uk)  
[dinner@vttaea.co.uk](mailto:dinner@vttaea.co.uk)

**Awards Secretary: Ian Davidson**

Tel: 01279 655927

**Time Trial Secretary: John Golder**

Tel: 07709 328113

Email: [tt.sec@vttaea.co.uk](mailto:tt.sec@vttaea.co.uk)

The AGM, held on 16<sup>th</sup> November at the Comrades hut in Ugley, was not quorate, so there will be a very short EGM, solely to ratify the proceedings of the AGM, before the Group luncheon. It should take no more than one minute, provided there are no barrack-room lawyers present.

If you haven't already done so, to book your place at the luncheon (menu below), please email your menu choices to:

Keith Dorling at [krd51@icloud.com](mailto:krd51@icloud.com) by 5<sup>th</sup> Jan 2020

Payment by bank transfer to Santander sort code 09-01-55; Acct: 32258703; ref: Luncheon

# VTTA East Anglian Group Luncheon

9<sup>th</sup> February 2020 1pm

At The Rosery Hotel Exning Newmarket

£20.00 per person

## Starters

Homemade Soup of the Day

Traditional Prawn Cocktail with Marie Rose Sauce

Brussels Pate served with Toast and red onion chutney

Garlic & rosemary crusted brie wedges with redcurrant jelly

Fresh Melon with raspberry sorbet and fruit coulis

## Mains

Roast Beef with Yorkshire Pudding and Horse Radish Sauce

Roast loin of pork with apple sauce

Grilled seabass fillet with creamed leeks, chilli sauce and new potatoes

Roast Lamb with Mint Sauce

Vegetable stuffed peppers topped with cheese on a tomato sauce

## Desserts

Crème Brulee with shortbread biscuits

Chocolate fudge cake

Blackcurrant cheesecake

Bread and butter pudding

Selection of cheese & biscuits ( £3 surcharge per person )

## Easy New Year's Quiz: Spot the Common Factor

### *The Way we were*



*1993 East Anglia winners of the Raleigh Shield: I-r Pete Horsnell, Eric Marsh (our previous trike hero) and Terry Anderson with newsletter editor Bob Ward.*

### *The Way we are*



*2019 National VTTA 25 Prizewinners, I-r Martin Reynolds, Chris Dyason, Andy Grant, Kevin Tye, Angela Carpenter, Pete Horsnell, Keith Ainsworth, Rachael Elliot, Ian Greenstreet.*

# VETERANS TIME TRIALS ASSOCIATION

## EAST ANGLIAN GROUP



Time Trial Secretary: John Golder

6 Middlemead, West Hanningfield, Chelmsford, CM2 8UT

E-mail: [tt.sec@vttaea.co.uk](mailto:tt.sec@vttaea.co.uk) Mobile: 07709 328113

### 2020 EVENTS LIST

<u>Date</u>	<u>Event</u>	<u>Course</u>	<u>Organiser</u>	<u>Email</u>
Sun 11th April	Group 10*	E2/10	Harry Moore	<a href="mailto:harry_louise@btinternet.com">harry_louise@btinternet.com</a>
Sat 18th April	Group circuit 25	E33/25	Mick Hodson	<a href="mailto:mick.hodson@mercedes-amg-hpp.com">mick.hodson@mercedes-amg-hpp.com</a>
Sat 2nd May	Leo 30 (inc Group 30)	E2/30c	John Golder	<a href="mailto:jgolder66@outlook.com">jgolder66@outlook.com</a>
Wed 3rd June	Group 10 *	E2/10	Gary Boyd	<a href="mailto:gary@hub-velo.co.uk">gary@hub-velo.co.uk</a>
Wed 10th June	Group 10 *	E2/10	Adam Laycock	<a href="mailto:laycockgang1@hotmail.co.uk">laycockgang1@hotmail.co.uk</a>
Sun 14th June	Viking 50 (inc Group 50)	F2/50	Chris Dyason	<a href="mailto:cdyason@hotmail.com">cdyason@hotmail.com</a>
Wed 17th June	Group 10 *	E2/10	Keith Dorling	<a href="mailto:krd51@icloud.com">krd51@icloud.com</a>
Wed 24th June	Group 10 *	E2/10	Michael Martin	<a href="mailto:mwmartin_actuary@hotmail.co.uk">mwmartin_actuary@hotmail.co.uk</a>
Sat 11th July	Group 10	B10/43	Ian Short	<a href="mailto:ianshort160@hotmail.com">ianshort160@hotmail.com</a>
Sun 12th July	Breckland 100 (inc Group 100)	B100/4	Mark Fairhead	<a href="mailto:markfairhead@btinternet.com">markfairhead@btinternet.com</a>
Sun 2nd Aug	Breckland 12hr (inc Group 12hr)	B12hr	Mark Fairhead	<a href="mailto:markfairhead@btinternet.com">markfairhead@btinternet.com</a>
Sun 9th Aug	Group 25*	E2/25	Gary Boyd	<a href="mailto:gary@hub-velo.co.uk">gary@hub-velo.co.uk</a>
Sat 22nd Aug	Group 10 *	E2/10	Dominic Whitehead	<a href="mailto:berylDOM@yahoo.co.uk">berylDOM@yahoo.co.uk</a>
Sat 26th Sept	Group 25*	E2/25	Michael Martin	<a href="mailto:mwmartin_actuary@hotmail.co.uk">mwmartin_actuary@hotmail.co.uk</a>

\* Preference to East Anglian VTTA members

The 10 league consists of the above 7 events, best 4 to count

# EAST ANGLIAN VTTA ORGANISERS NEED YOU!



## Marshalling List 2020

We have an ambitious Group event schedule for 2020, but to sustain this and the supply of organisers for the future, everyone needs to pull their weight. If everyone did so, with a membership of 400+ it ought not to be onerous. If everybody did one duty, each individual would be called on only once every five years!

Please volunteer for at least one Group event at which you are able to help in 2020. Please contact the event organiser directly, who will contact you closer to the event with more information regarding your duties.

Please note that this is an obligation which may be delegated if you are sufficiently duplicitous/ manipulative/ devious/ persuasive, so feel free to nominate spouses, sons, daughters, nephews, nieces, significant others, having first explained to them what delightful fun there is to be had standing next to a dual carriageway for two and a half hours.

Please remember: *Any member who has not helped with the running of East Anglian VTTA events during the preceding three years may be rejected from entry in VTTA East Anglian events on E2 courses.* New members of the Group have an exemption to the end of their first calendar year.

The list above details all the Group events for which the Group has organising – and therefore marshalling – responsibility, plus others (e.g., the Viking 50, the EDCA 100 and the Breckland 12 hour) with which we are associated and from which we benefit and it is important that Group members volunteer to help with those as well as Group events.

*Thank you*

## Appendices

### VTTA East Anglian Group Age Records Report 2019

The following East Anglian group records have been broken this year:  
27 solo bicycle men's records, of which 12 were also National records;  
Last year figures 29 (15 National)  
6 solo bicycle women's records, of which 4 were also National records  
Last year figures 6 (4 National)  
5 solo tricycle men's records, all of which were National records  
Last year figures 6 (6 National)  
3 tandem bicycle men's records, of which 1 was also a National record.  
Last year figures 7 (6 National)  
1 tandem bicycle mixed records, of which 1 was also a National record.  
Last year figures 0

#### MEN

##### Solo men 10 miles

Martin Reynolds	56	19.36	14/7/19	
Keith Dorling	60	20.00	15/6/19	
Andrew Grant	66	20.46	18/5/19	
Andrew Grant	66	20.41	6/6/19	
Andrew Grant	66	20.08	15/6/19	(National Record)
Chris Roberts	74	22.11	14/9/19	
Peter Horsnell	89	27.25	18/5/19	(National Record)

##### Solo men 15 miles

Mark Ellis	55	30.36	24/7/19	(held until 17/8/19)
Martin Reynolds	56	30.32	17/8/19	
Andrew Grant	66	31.07	10/7/19	(National Record)
Ken Platts	67	32.29	17/8/19	
Chris Nudds	71	33.52	10/7/19	(National Record)
Chris Roberts	74	34.44	10/7/19	(National Record)
Ron Back	80	39.09	10/7/19	(National Record)

##### Solo men 25 miles

Ken Platts	66	53.04	6/4/19	
Andrew Grant	66	52.57	26/5/19	
Andrew Grant	66	52.44	23/6/19	
Peter Horsnell	89	1.10.40	20/4/19	(National Record)

##### Solo men 30 miles

Peter Horsnell	89	1.28.37	21/9/19	(National Record)
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##### Solo men 50 miles

Ken Platts	67	1.52.55	16/6/19	
Chris Dyason	71	2.00.59	21/7/19	
Peter Horsnell	89	2.44.42	16/6/19	(National Record)

### **Solo men 100 miles**

Dave Green	55	3.35.57	23/6/19	(National Record)
Andrew Grant	66	3.49.03	14/7/19	(National Record)
Chris Nudds	70	4.08.28	23/6/19	



*Photo Domaus*

Chris Nudds	71	4.05.34	14/7/19	
Peter Horsnell	89	5.19.45	23/6/19	(National Record)

### **WOMEN**

#### **Solo women 25 miles**

Karen Dennett	62	1-02-06	6/4/19	
Jackie Field	54	54.32	6/4/19	(National Record)

#### **Solo women 30 miles**

Jackie Field	54	1.07.28	21/9/19	(National Record)
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#### **Solo women 50 miles**

Jackie Field	54	1.53.54	16/6/19	(National Record)
Elsbeth Knott	69	2.27.53	18/8/19	

#### **Solo women 100 miles**

Jackie Field	54	3.53.46	23/6/19	(National Record)
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### **TANDEM**

#### **Tandem men 10 miles**

Glen Taylor (51) Neil Dowie (52)	103	18.24	18/5/19	(National Record)
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#### **Mixed Tandem 15 mile**

John Swanbury (72) Kate Churchill (60)	132	37.42	24/3/19	(National Record)
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#### **Tandem men 15 mile**

John Swanbury (72) Allistair Banks (64)	136	34.14	18/7/19	
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#### **Tandem men 30 miles**

John Swanbury (72) Allistair Banks (64)	136	1.7.34	21/9/19	
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## **TRICYCLE**

### **Tricycle Men 15 miles**

Gavin Hinxman 51 33.13 24/7/19 (National Record)

### **Tricycle Men 25 miles**

Gavin Hinxman 51 55.38 31/7/19 (National Record)

### **Tricycle Men 30 miles**

Gavin Hinxman 51 1.07.21 22/9/19 (National Record)

### **Tricycle Men 50 miles**

Gavin Hinxman 51 1.54.04 16/6/19 (National Record)

### **Tricycle Men 100 miles**

Gavin Hinxman 51 4.11.39 14/7/19 (National Record)

(Note that all the National Records have yet to be ratified, but had beaten the record standing at the start of the year.)

**Ken Platts**  
**Records Secretary**



***RTTC National 25 Mile Championship 2019. Team winners; Team Bottrill Vanguard.***

***EA Group Treasurer and Luncheon Organiser Keith Dorling becomes the oldest medallist on scratch (i.e. excluding Age Group Championships) in an RTTC championship.***

***Photo Davey Jones***

## EAST ANGLIAN GROUP EVENTS 2019

### Event 1 13<sup>th</sup> April 2018 Circuit 25 E33/25

Results obtained, where possible, off CTT website

#### Actual fastest

Matthew Smith DRAG2ZERO 51:48

#### Best on standard

Matthew Smith DRAG2ZERO 51:48

#### Fastest Lady

Sue Rogers Crest CC (Not VTTA member) 1:16:34

#### Best Lady on standard

No qualifiers

#### Age group fastest

n/a

#### Best team on standard

n/a

#### Stourvale Shield - Best VTTA EA on Standard

Matthew Smith DRAG2ZERO 51:48

### Event 2 21 April 2019 10 Miles B10/36r

#### Actual fastest

Nick Partridge (Not VTTA member) VC Baracchi 21:09

#### Best on standard

Andrew Grant Cambridge CC +06:15

#### Best Man on standard

Andrew Grant Cambridge CC +06:15

#### Best Lady on standard

Jackie Field CC Ashwell +06:02

#### Age group fastest

40-44 Nick Partridge VC Baracchi 21:09

45-49 Julian Bosley Stowmarket and District CC 22:12

50-54 Adrian Pettit Stowmarket and District CC 21:35

55-59 Martin Reynolds Cambridge CC 21:24

60-64 Patrick Charlton Wolsey CC 25:37

65-69 Andrew Grant Cambridge CC 21:59

70-74 Chris Dyason Cambridge CC 23:24

75-79 N/A

80-84 Ron Back West Suffolk Wheelers 29:43

85-89 N/A

#### 1st Team on standard

Cambridge CC , Andrew Grant, Ken Platts, Martin Reynolds +18:05

#### Charlie Clift Shield

Andrew Grant Cambridge CC +06:15

## Event 3 27<sup>th</sup> April 2019 25miles E2

Initial Event cancelled due to high winds, was re run on 17 Aug 2019

### **Actual fastest**

Jon Puleston-Jones Dulwich Paragon 49.37

### **Best on standard**

Gavin Hinxman DRAG2ZERO +21:13

### **Best Lady on standard**

Melissa Dowell Braintree Velo +16:48

### **Age group fastest**

40-44	Dale Lush	Kingston Phoenix	53:40
45-49	Jon Puleston-Jones	Dulwich Paragon	49.37
50-54	Steven Bass	Maldon & District CC	51:40
55-59	Neil Mackley	A3crg	51:43
60-64	Keith Dorling	Team Bottrill	53:04
65-69	John Golder	Chelmer CC	57:57
70-74	Jim Reed	Colchester Rovers CC	1:01:33
70-74	Alan Harvey	Finsbury Park CC	27:13
85-89	Peter Horsnell	Chelmer CC	1:12:26

### **Best team on standard**

Verulam CC - Matthew Reader, Graham Pepperdine, Martin Arundel +32:11

### **H F Nevill 25m Cup**

Gavin Hinxman DRAG2ZERO +21:13

## Event 4 Victoria 10 E1 25<sup>th</sup> May 2019

### **Actual fastest**

Richard O'Rourke Team Vision Racing 22.28

### **Best on standard**

Ken Platts Cambridge C.C. +5.40

### **Best Lady on standard**

Susan Triplow CC Sudbury +3:26

### **Age group fastest**

40-44	Matthew Saunders	Team Vision Racing	23:24
45-49	Richard O'Rourke	Team Vision Racing	22.28
50-54	Andy Kennedy	Ipswich B.C.	23:21
55-59	Martin Reynolds	Cambridge CC	22:39
60-64	Keith Dorling	Team Bottrill	23:03
65-69	Ken Platts	Cambridge CC	23:27
70-74	David Guy	Ov CC	26:38
70-74	Alan Harvey	Finsbury Park CC	27:13

### **Best team on standard**

Team Vision Racing - Richard O'Rourke, Rob Young, Matthew Saunders +11.26

### Event 5 Group 10 E2 6<sup>th</sup> June 2019

No result sheet received, points for 10 competition obtained from Spindata, ages and stds not checked

### Event 6 Group 10 E2 13<sup>th</sup> June 2019

No result sheet received, points for 10 competition obtained from Spindata, ages and stds not checked

### Event 7 Group 50 (Viking 50) E2 16<sup>th</sup> June 2019

#### **Actual fastest VTTA member**

Adam Bidwell	Kingston Wheelers CC	1:43:14
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#### **Best on standard**

Gavin Hinxman	DRAG2ZERO	+43:25
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#### **Best Lady on standard**

Jackie Field	CC Ashwell	+39:17
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#### **Age group fastest**

40-44	Adam Bidwell	Kingston Wheelers CC	1:43:14
45-49	Darren Yarwood	Vive Le Velo	1:45:37
50-54	Steven Bass	Maldon & District CC	1:48:20
55-59	Martin Reynolds	Cambridge CC	1:46:56
60-64	Colin Lizieri	Cambridge CC	1:53:15
65-69	Ken Platts	Cambridge CC	1:52:55
70+	Chris Nudds	CC Breckland	2:00:34

### Event 8 Group 10 E2 20<sup>th</sup> June 2019

#### **Actual fastest**

Matthew Smith	Drag2Zero	18:47
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#### **Best man on standard**

Matthew Smith	Drag2Zero	+7:20
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#### **Best Lady on standard**

Jackie Field	CC Ashwell	+7:28
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### Event 9 Victoria 10 E1 22<sup>nd</sup> June 2019

#### **Actual fastest**

Martin Reynolds	Cambridge CC	21:56
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#### **Best on standard**

Martin Reynolds	Cambridge CC	+5:51
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#### **Best Lady on standard**

Susan Triplow	CC Sudbury	+4:07
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#### **Age group fastest**

40-44	Sam Wightman	Chelmer C.C.	22:55
45-49	Darran Bennett	Ely & Dis. C.C.	22:23

50-54	Michael Martin	C.C. Ashwell	23:37
55-59	Martin Reynolds	Cambridge CC	21:56
60-64	Chris Lodge	Finsbury Park C.C.	26:53
70-74	David Guy	Ov CC	27:06
80-84	Ron Back	West Suffolk Wheelers	31:05

#### **Best team on standard**

Team Vision Racing - Murat Ozdenya, Richard O'Rourke, Dean Lubin +12.11

### **Event 10 Group 10 E2 27<sup>th</sup> June 2019**

#### **Actual fastest**

Mark Jones, Drag2Zero: Stuart Fairweather, Team Velovelocity 19:48

#### **Best on standard**

Gavin Hinxman Drag2Zero +8:34

#### **Best Lady on standard**

Jackie Field CC Ashwell +7:18

#### **Age group fastest**

40-44	Stuart Fairweather	DRAG2ZERO	19:48
45-49	Mark Jones	DRAG2ZERO	19:48
50-54	Damon Day	CC Sudbury	21:29
55-59	Martin Reynolds	Cambridge CC	19:49
60-64	Colin Lizieri	Cambridge CC	22:04
65-69	Patrick Ellerbeck	St Neots CC.	21:5
70-74	Chris Dyason	Cambridge CC	22:37

#### **Best team on standard**

Drag2Zero - Mark Jones, Richard Harrison, Gavin Hinxman +22:14

### **Event 11 Group 10 B10/43 13<sup>th</sup> July 2019**

#### **Actual fastest**

Matt O'Brien, Plomesgate CC 20:59

#### **Best on standard**

Jackie Field CC Ashwell +6:30

#### **Best Lady on standard**

Jackie Field CC Ashwell +6:30

40-44	Matt O'Brien	Plomesgate CC	20.59
45-49	Not awarded		
50-54	Julian Bosley	Stowmarket and Dist. CC	21.40
55-59	Derek Ricketts	Ely & District CC	23.11
60-64	Jenny Anderson	Anglia Velo	26.07
65-69	David Fenn	CC Sudbury	27.57
70 - 74	Chris Roberts	Team Pedal Revolution	24.51
75-79	Richard Glover	CC Ashwell	27.09
80-84	Terry Law CC	Sudbury	38.32

#### **Best team on standard**

CC Ashwell - Jackie Field, Richard Glover, Stuart Field +11.59

## **Event 12 VTTA event within EDCA 100 B100/4 14<sup>th</sup> July 2019**

### **Actual fastest**

Alan Murchison DRAG2ZERO 03:36:49

### **Best on standard**

Andrew Grant Cambridge CC +1:23:26

### **Best Lady on standard**

Jan Smith Great Yarmouth CC +0:51:43

### **Age group fastest**

45-49	Alan Murchison	DRAG2ZERO	3:36:49
50-54	Jeff Roberts	High Wycombe CC	3:53:13
55-59	Dave Green	CC Breckland	3:37:07
60-64	Steve Burrows	Vive Le Velo	3:54:19
65-69	Andrew Grant	Cambridge CC	3:49:03
70-74	Chris Nudds	CC Breckland	4:05:34
75-79	John J Murphy	Gloucester City Cycling Club	4:54:59

### **The Bob Haworth Cup (best EA VTTA member on standard)**

Andrew Grant. Cambridge CC 3:49:03



*Photo Kimroy*

## **Event 13 Victoria 10 E1 27<sup>th</sup> July 2019**

### **Actual fastest**

Andy Stuart Velo Club St. Raphael 22:46

### **Best on standard**

Richard Glover C.C. Ashwell +5.29

### **Age group fastest**

40-44	Andy Stuart	Velo Club St. Raphael	22:46
45-49	Dean Lubin	Team Vision Racing	23.32
50-54	Andy Kennedy	Ipswich B.C.	23.35
55-59	Steve Miles	C.C. Ashwell	25.01
60-64	John Iszatt	Team Vision Racing	24.56
75-79	Richard Glover	C.C. Ashwell	26.26
80-84	Terry Law	C.C. Sudbury	40.07

### **Best team on standard**

C.C. Ashwell - Michael Martin, Steve Miles, Richard Glover +12:02

## **Event 14 Group 25 E2 28<sup>th</sup> July 2019 Postponed to 26<sup>th</sup> Oct and then cancelled in both cases due to adverse weather**

## Event 15 EA VTTA Champs within National 12hour B12/2 11th Aug 2018

### Fastest EA VTTA member

Ian Boardman Dulwich Paragon 278.247

### Best EA VTTA member on Standard

Becky Taylor Wisbech Wheelers +74.474

## Event 16 Victoria 10 E1 24<sup>th</sup> Aug 2019

### Actual fastest

Martin Reynolds Cambridge CC. 22:18

### Best on standard

Martin Reynolds Cambridge CC +5:29

### Best Lady on standard

Susan Triplow CC Sudbury +3:32

### Age group fastest

40-44	Andy Stuart	Velo Club St. Raphael	22.22
45-49	Mark Arnold	VTTA East Anglia Group	22.48
50-54	Michael Martin	C.C. Ashwell	24:49
55-59	Martin Reynolds	Cambridge CC	22:18
60-64	John Iszatt	Team Vision Racing	25.00
65-69	Andrew Grant	Cambridge C.C.	23.31
70-74	Jim Reed	Colchester Rovers C.C.	26.17
75-79	Richard Glover	C.C. Ashwell	26.55
80-84	Ron Back	West Suffolk Wheelers	30:08

### Best team on standard

Cambridge CC - Martin Reynolds, Andrew Grant, Robert Watson, +15:44

## Event 17 Leo 30 inc. Group 30 E2/30c 21<sup>st</sup> Sept 2019

### Actual fastest

Matt Smith DRAG2ZERO 56:30

### Best on standard

Gavin Hinxman DRAG2ZERO +25:20

### Best lady on standard

Jackie Field CC Ashwell +22:41

### Best team on standard

DRAG2ZERO Gavin Hinxman, Matt Smith, Richard Harrison +67:19

### The H.F.Nevill 30m cup

Gavin Hinxman DRAG2ZERO +25:20



## Event 18 Group 10 E2 28<sup>th</sup> Sept 2019 Event Cancelled due to high winds

## EA VTTA GROUP TROPHIES 2019

### GROUP BAR (MEN)

**Lionel Lincoln Memorial Shield**, awarded annually to the highest-placed male Group member in the National season-long BAR competition. Medals will be awarded to the three highest-placed male Group members in the National BAR table.

**No Qualifiers**

### GROUP BAR (WOMEN)

**Freddie Frost Cup\***, awarded annually to the highest-placed female Group member in the National season-long BAR competition. Medals will be awarded to the three highest-placed female Group members in the National BAR table.

**No Qualifiers**

*\* Until 2019, the Freddie Frost Cup was awarded annually to the Group member with the greatest mileage accomplished in any 12hr event in the country.*

### GROUP THREE DISTANCE CHAMPIONSHIP (MEN)

**Harry Haynes Shield**, awarded annually to the highest-placed male Group member in the National season-long Three Distance Competition. Medals will be awarded to the three highest-placed male Group members in the National Three Distance table.

<b>1<sup>st</sup> Andrew Grant</b>	<b>Cambridge CC</b>	<b>+58:45</b>
<b>2<sup>nd</sup> Peter Horsnell</b>	<b>Chelmer CC</b>	<b>+56:59</b>
<b>3<sup>rd</sup> Keith Dorling</b>	<b>Team Bottrill</b>	<b>+47:30</b>

### GROUP THREE DISTANCE CHAMPIONSHIP (WOMEN)

**Syd Parkinson Cup**, awarded annually to the highest-placed female Group member in the National season-long Three Distance Competition. Medals will be awarded to the three highest-placed female Group members in the National Three Distance table.

<b>1<sup>st</sup> Jackie Field</b>	<b>CC Ashwell</b>	<b>+1:02:00</b>
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**No other qualifiers**

### GROUP SHORT DISTANCE CHAMPIONSHIP (MEN)

**Group Short Distance Championship Cup**, awarded annually to the highest-placed male Group member in the National season-long Short Distance Competition. Medals will be awarded to the three highest-placed male Group members in the National Short Distance table.

<b>1<sup>st</sup> Peter Horsnell</b>	<b>Chelmer CC</b>	<b>+81:24</b>
<b>2<sup>nd</sup> Andrew Grant</b>	<b>Cambridge CC</b>	<b>+78:39</b>
<b>3<sup>rd</sup> Keith Dorling</b>	<b>Team Bottrill</b>	<b>+77:18</b>

### GROUP SHORT DISTANCE CHAMPIONSHIP (WOMEN)

**Group Short Distance Ladies' Championship\*** awarded annually to the highest-placed female Group member in the National season-long Short Distance Competition. Medals will be awarded to the three highest-placed female Group members in the National Short Distance table.

**\*This is a new trophy from 2019 onwards**

<b>1<sup>st</sup> Jackie Field</b>	<b>CC Ashwell</b>	<b>+77:11</b>
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**No other qualifiers**

### GROUP 10 MILE TIME TRIAL POINTS COMPETITION (MEN)

**The 10 Miles Time Trial Competition Shield** awarded to the male Group member with the most points in the season-long 10 mile Time Trial Competition.

<b>Martin Reynolds</b>	<b>Cambridge CC</b>
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### GROUP 10 MILE TIME TRIAL POINTS COMPETITION (WOMEN)

Former **Post Office Trophy**, donated by Mary Horsnell 2011, awarded to the first female Group member in the season-long 10 mile Time Trial Competition.

<b>Jackie Field</b>	<b>CC Ashwell</b>
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### Charlie Clift Shield

Awarded annually to the fastest Group member on standard in the first Group '10'.

<b>Andrew Grant</b>	<b>Cambridge CC</b>	<b>+06:15</b>
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### Ron Fisher/Jack King Memorial Shield

Awarded annually to the Group member who is best on standard in the last Group '10'.

**Not awarded event cancelled**

### Stourvale Shield

Awarded annually to the Group member who is best on standard in the Group circuit 25.

<b>Matthew Smith</b>	<b>DRAG2ZERO</b>	<b>+14:26</b>
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### H F Nevill 25m Cup

Awarded annually to the fastest Group member on standard in the first Group 25 mile event of the season.

**Gavin Hinxman                      DRAG2ZERO                      +21:13**

### Geri Lang Memorial Cup

Awarded annually to the Group member who is best on standard in the second Group 25.

***Not awarded event cancelled (twice)***

### H F Nevill 30m Cup

Awarded annually to the fastest Group member on standard in the Group 30 mile event.

**Gavin Hinxman    DRAG2ZERO    +25:20**

### George Hicks Trophy

Donated by Mrs Val Hester (Leo RC) 2010 to be awarded to Fastest Rider in the Group 30 mile.

**Matthew Smith    DRAG2ZERO    56:30**

### Syd Parkinson Cup

Awarded annually to the fastest Group member on standard in the Group nominated 50 mile event.

**Gavin Hinxman    DRAG2ZERO    +43:25**

### Bob Haworth Memorial Cup

Awarded annually to the fastest Group member on standard in the Group nominated 100 mile event.

**Andrew Grant      Cambridge CC      3:49:03**

### H F Nevill 12hr Cup

Awarded annually to the Group member with the greatest mileage on standard in either London East or East District courses designated by Cycling Time Trials.

**Becky Taylor      Wisbech Wheelers      +74.474**

### Gordon Irons Memorial Cup

Awarded for outstanding services to the Group, this may be awarded annually, when a commemorative plaque will be given.

**John Golder      Chelmer CC**



***Becky Taylor (Photo Domaus)***

## EAST ANGLIAN GROUP VTTA STANDARDS 2019

### PLAQUES

Martin Baumber (46)	Shaftesbury CC	10 miles	21.16	+5.20
		25 miles	54.37	+12.51
		30miles	1.7.25	+13.57
		50 miles	1.55.31	+22.43
Patrick Charlton (62)	Wolsey RC	15 miles	34.25	+7.36
		25 miles	58.11	+12.36
		30 miles	1.14.16	+11.08
Robert Pisolkar (60/61)	Shaftesbury CC	10 miles	21.59	+5.46
		25 miles	56.10	+14.04
		50 miles	1.59.42	+24.15
Michael Martin (54)	CC Ashwell	10 miles	20.41	+6.26
		15 miles	32.30	+8.23
		25 miles	55.02	+13.49
		50 miles	1.59.54	+21.12
Bob Quarton (65)	Wolsey RC	10 miles	23.00	+5.13
		15 miles	36.15	+6.19
		25 miles	59.09	+12.35
		100 miles	4.19.23	+51.25
Anthony Birt (45)	Plomesgate CC	10 miles	21.01	+5.26
		15 miles	31.20	+8.32
		25 miles	52.17	+14.48
Alan McGuire (54)	Ipswich BC	10 miles	24.00	+3.07
		15 miles	34.17	+6.36
		25 miles	1.6.41	+2.10
John Swanbury (72)	VC Baracchi	Mixed Tandem ( partner 60)		
		10 miles	22.49	+5.41
		15 miles	37.46	+5.13
		25 miles	57.11	+15.16
Kate Churchill (60)	VC Baracchi	Mixed Tandem ( partner 72)		
		10 miles	22.49	+5.41
		15 miles	37.46	+5.13
		25 miles	57.11	+15.16

### MEDALS

John Shellard (75)	Team Pedal Revolution	10 miles	29.20	+0.39
Andrew Grant (66)	Cambridge CC	10 miles	20.08	+8:13
		15 miles	31.07	+11.39
Gary Jackson (61)	Shaftesbury CC	10 miles	22.26	+5.19
Noel Toone (58)	Kettering CC	25 miles	1.0.14	+9.30
		50 miles	2.6.49	+16.06
Keith Dorling (59)	Team Bottrill	10 miles	20.00	+7.39
		25 miles	50.33	+19.41
Linda Hones (57)	Team Bottrill	10 miles	24.22	+5.21
		25 miles	1.13.44	+1.44
Kevin Baumber (58)	Shaftesbury CC	25 miles	50.47	+16.18
		100 miles	3.42.59	+1.05.21